



S.A.V.E.

TRAINING



U.S. Department
of Veterans Affairs



Suicide Prevention Care Coordination Team— W.G. (Bill) Hefner VA Medical Center

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Suicide Facts & Figures: North Carolina 2018*



On average, one person dies by suicide every six hours in the state.

Nearly twice as many people die by suicide in North Carolina annually than by homicide.

The total deaths to suicide reflect a total of 26,565 years of potential life lost (YPLL) before age 65.



Suicide cost North Carolina a total of **\$1,358,735,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,157,355 per suicide death.**

*Based on most recent 2016 data from CDC. Learn more at afsp.org/statistics.



11th leading cause of death in North Carolina

3rd leading
cause of death for ages 15-34

4th leading
cause of death for ages 35-54

9th leading
cause of death for ages 55-64

17th leading
cause of death for ages 65 & older

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
North Carolina	1,373	12.97	38
Nationally	44,695	13.42	





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VETERANS
BRIDGE HOME



NCServes
Metrolina



Questions & Answers

S.A.V.E.

- Signs
- Ask
- Validate
- Encourage / Expedite

Consultation Resources for Providers

Coaching into Care

<https://www.mirecc.va.gov/coaching/>

National Center for PTSD Consultation Line

(866)948-7880

<https://www.ptsd.va.gov/>

Rocky Mountain MIRECC, VA Risk Management

<https://www.mirecc.va.gov/visn19/>

Make the Connection for Students

<https://maketheconnection.net/events/students-higher-education>

Emergency Resources

- Mobile Crisis: (704)566-3410
- 911-Request Crisis Intervention Team
- VA Veterans Crisis Line/Chat/Text:

www.veteransCrisisLine.net
Text to **838255**



Non-Emergency Resources

VA On Campus Toolkit

(<https://www.mentalhealth.va.gov/studentveteran/adjustment.asp>)

- Know your **Campus** Resources (Student Health Services, Veteran Services, Admissions and Records, Disability Resource Center, Student Veterans Association, Student Counseling Center)
- Know your **VA & Community** Resources (Medical Resources, Mental Health Resources)

Resources on your campus?



Center for Military Families & Veterans

<http://www.cpcc.edu/military/center-for-military-families-veterans>

Academic Adviser & Counselors

<http://www.cpcc.edu/military/academic-adviser-counselors>

Disability Counseling

<http://www.cpcc.edu/disabilities/disability-services/gen-info/disability-counseling>

Resources on your campus?

Veterans Center / QU4Troops / Salute

<https://www.queens.edu/life-at-queens/military-student-support.html>

Health & Wellness Center

<https://www.queens.edu/life-at-queens/student-support/health-wellness.html>

Resources on your campus?



JCSU Student Veterans of America

<http://metropolitancollege.jcsu.edu/veteran-support/>

Counseling and Workshops

<https://www.jcsu.edu/student/office-of-counseling-services/personal-counseling>

Resources on your campus?



Veteran Services Office

<https://veterans.uncc.edu/>

Student Veterans Association

<https://veterans.uncc.edu/SVA>

Christine F. Price Center for Counseling and Psychological Services (CAPS)

<https://caps.uncc.edu/>



855-425-8838

www.americaserves.org

Get involved in the SMVF Suicide Prevention Workgroup Initiatives: **Mayor's Challenge & Operation Deep Dive (ODD)**

1. Request to be added to SMVF Suicide Prevention Workgroup Distro List.
2. Sign up for a workgroup event:
<https://veteransbridgehome.galaxydigital.com/calendar>
3. Sign up training: <https://veteransbridgehome.galaxydigital.com/calendar>
4. Partner with someone and take on one action item to make a difference.

On the Radar for Growing Expert Companions: Events & Training Opportunities

- April 25th –Governor’s Working Group (Monthly, 4th Thursday, 2-4p)
- May 8th & 9th—SAMHSA Mayor’s Challenge Site Visit
- May 15th—ODD Check-in Call
- May 23rd— Governor’s Working Group
- June 12th—Question, Persuade, Refer (QPR) Training
- June 27th—ODD & Housing our Heroes: Homelessness & Suicide
- June 27th—Governor’s Working Group

Visit Veterans Bridge Home to see more events and training opportunities:

<https://veteransbridgehome.org>

With Gratitude,



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