



**Wellness and Whole Health**  
April 29, 2021 - 10:00-11:00 am

**CPCCC Executive Leadership Welcome**

- Dr. Chris Cathcart, Vice President of Student Affairs, Central Piedmont Community College

**Student Veteran Discussion**

- Zachery Colburn, graduate of Central Piedmont Community College and University of North Carolina at Chapel Hill; currently Academic Advisor, Central Piedmont Community and a Sergeant in the Army Reserves
- Tracy Threatt, Mental Health Counselor, Central Piedmont Community College

**Mindfulness, Wellness, and Whole Health**

- Kevin Smythe, Psy.D., Chief, Mental Health Service Line, Durham VA Medical Center

**Veteran Mental Health Supportive Services at Colleges**

- Amanda Fink, LMHC, LCMHCS, CMC, Student Counselor, MFVS, Central Piedmont Community College
- Tari Hamm, Mental Health Counselor, Central Piedmont Community College

**Accessing Community, State, and Federal Resources**

- Amanda Fink, MHC, LCMHCS, CMC, Student Counselor, MFVS, Central Piedmont Community College
- Nicole French, Psy.D., Clinical Director, Veterans Bridge Home and NCServes